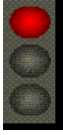


Do's & Don't Checklist



DON'T give out personal information online- such as your address, telephone number, your name, parent's name, school name, school schedule, passwords etc.

DON'T give out information about you or your family to individuals you meet online.

DON'T send or post pictures online without getting parental permission first.

DON'T agree to meet with someone you have met online before getting parental permission.

DON'T believe everything that you read online or that someone tells you online.

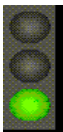
DON'T answer any message that is mean or that makes you feel uncomfortable. .

DON'T keep new online buddies secret from your parents.

DON'T communicate with anyone that you do not know in person and that your parents have not approved.

DO use the Internet to help with schoolwork.

DO be polite to others when using the internet.



DO ask permission from your parents before you "download" (copy) programs from the Internet. They may contain viruses or spy ware.

DO get your parent's permission before you talk online to anyone you do not personally know.

DO discuss with your parents when approached by a stranger online.

DO notify your parents if you receive something or come across something online that makes you feel uncomfortable.

Time online is limited to: _____ Hours per day

Chatting is limited to _____ Hours per day

Instant Messaging is limited to _____ Hours per day